

November Nominees

Cheerleading: Gianna Grzechowiak: Senior

Gianna has been a flier on the varsity cheerleading team since her freshman year. This season, Gianna showed true leadership at every practice and game whether it be leading warm ups, calling cheers, or advocating for her teammates when needed.. She is a leader in our sport and in our school community. She goes above and beyond in everything she does and that does not go unnoticed. Gianna's positive attitude and constant smile has helped lead her teammates and guide them through tough times. She works hard 110% of the time. Our coaching staff has been truly honored to watch Gianna excel the past four years as a student athlete. She truly is a model mustang!

Boys Cross Country: Nicholas Micale: Sophomore

Nick had an excellent season that was unfortunately cut short by injury. Despite being a Sophomore he was a leader throughout the season, keeping his teammates on task and ready to compete. Even when injured Nick would come to races to cheer his teammates on. Nick has a very bright future with Cross Country that we all can't wait to see once he is healthy.

Girls Cross Country: Maggie Chen: Sophomore

Maggie joined the cross country team this year and was a stand out student athlete on and off the course. Maggie tackled each workout and race with grit, all while maintaining stellar grades in her honor courses and participating in service organizations within the Triton community. She is kind to her teammates, competitors, and any person she comes in contact with during cross country. We cannot wait to see her growth over the next several years as a student athlete.

Field Hockey: Addison McManis: Sophomore

Addison has been the backbone of the team for the last two years, as she has started every game at goalie since arriving at Triton. This season Addison set a new school record for shutouts in a season with 11 while recording 156 saves. Because of her success, she was named 2nd team All Conference. Even during practice Addy makes her teammates work hard to score because she doesn't know how to turn off her competitive drive. Addy improved so much from her freshman year, we look forward to watching her continued development.

Football: Jayden Menk: Freshman

Jayden exemplifies all of the traits you want in a student-athlete. Not only does he excel on the football field, he is a leader off of it. Jayden works hard in the classroom, gives 110% in practice, and demonstrates guidance for teammates in difficult situations. Even though he is just a freshman, Jayden is someone who all Triton athletes can look up to.

Boys Soccer: Hassan Khan: Junior

Hassan Khan has been one of our top offensive threats all season. He is extremely fast and strong and has a powerful shot. He is aggressive offensively in the attacking third and back checks defensively. He is very coachable, reflective and continues to work hard. He is quiet but once the game starts he is highly motivated to do his best and work with his teammates.

Girls Soccer: Gianna Walker: Senior

Gianna Walker, a senior captain, has been a leader on and off the field. Gianna was a role model to our younger kids, always showed to practice with a positive attitude and ready to work. She scored two very important goals, one in overtime that gave the team a big win against Highland and she opened with a goal in our first playoff game against Timber Creek leading the way to a victory.

Girls Tennis: Arianna Ortiz: Sophomore

Arianna was a first year player that made a big impact on JV. She and her partner, Priya Patel, locked down the 1st doubles position and had the most wins on the JV team. Arianna was a fierce competitor, yet always played with a smile and loved being out on the court. Arianna was also a perfect doubles partner, always talking up Priya between points and never getting down after an unforced error. After finishing her first match, Arianna would always want more playing time and would be the first to ask to go out for any additional matches.

Girls Volleyball: Alejandra Cuevas Peña: Junior

Alejandra has been one of our most dependable players on the court this season. As good of a first season that she had last year, Alejandra improved in every statistical measurable this season. Alejandra was near the top in the state in digs and aces, was Tri-County Conference Player of the Week during the season, had a career high of 43 digs in the division-clinching three-set victory at Timber Creek, and made several key plays in our playoff win over Winslow. We thank Alejandra for all of her efforts this season, and we look forward to her senior year next season.